



The Future is Now.

What are Regenerative Injections?

The latest technology in Regenerative Injection Therapy (RIT) is now offered right here in Central New York! Regenerative injections broadly deal with the use of biologic materials to enhance the body's own repair mechanisms to help heal previously non-repairable tissues.

Regenerative injections, including platelet rich plasma (PRP) and bone marrow stem cell injections, are performed at Regenerative Spine & Musculoskeletal Medicine by Renée S. Melfi, M.D. She is a physician that specializes in non-surgical spine treatments, orthopedic medicine and function, and has been giving specialized injections since 2002. Dr. Melfi is also certified in Integrative Medicine, Acupuncture, and offers suggestions to enhance your results with recommendations concerning proper nutrition and supplements.

Regenerative Aesthetic Injections:

Vampire Facelift®
First, hyaluronic acid fillers are injected to create a more beautiful shape. Then, platelet growth factors from the patient's blood are injected into the face to grow new tissue.

Vampire Facial®
A micro-needling device is used to create multiple micro-punctures, both driving the isolated platelet growth factors into the skin and creating stimulus for tightening and rejuvenation of the collagen in the face. Then, the platelet growth factors are painted onto the micro-punctures so that the growth factors soak into the tissue for further stimulation to help tighten and rejuvenate your skin.

Vampire Breast Lift®
When injected into the breast, the platelet growth factors become activated to grow new tissue. This new tissue includes new collagen, new fatty tissue for smoothness, and new blood vessels for a healthy glow.

Vampire Hair Re-Growth®
When injected into the scalp, platelets become activated to treat thinning or receding hair.

Regenerative Sexual Health Injections:

O-Shot®
Platelet growth factors are injected into the clitoris and the upper vagina to rejuvenate vaginal tissue and enhance sexual response. This procedure has also been found to help with mild stress-related incontinence.

Regenerative Injection Therapy for Tendons, Ligaments, Muscles & Spine Conditions

Regenerative injection treatments offer a viable alternative for individuals considering orthopedic surgery or joint replacement due to arthritis or injury. The goal of these non-surgical procedures is to help heal the source of pain, not to simply just mask it.

What Conditions can Benefit from Regenerative Injections?

- Neck & Back Pain
- Spinal Disc Disease
- Joint Pain/Arthritis
- Sport Injuries
- Tendon & Ligament Injuries/Tears
- Tennis/Golfer's Elbow
- Rotator Cuff Injury
- Meniscus Tears
- Achilles Tendon
- Plantar Fasciitis



Renée S. Melfi, MD

Priapus Shot®
Platelet growth factors are injected into specific areas of penis to help with the enhancement of erection, sensitivity, and size.

What sets Regenerative Spine & Musculoskeletal Medicine apart from others?

- The use of image guidance with x-ray or ultrasound to ensure precise needle placement
- Fellowship training in spine & orthopedic medicine
- Integration of cutting edge research & holistic medicine
- Personalized care in a small office setting

Call **315-701-4000** or visit rsmmd.com today for more information or to schedule your appointment. Experience the premier location for Regenerative Injection Therapy in Central New York at Regenerative Spine & Musculoskeletal Medicine!

November Events

AT NATUR-TYME

Thursday, November 15th

6:00-7:00 PM in Natur-Tyme's Community Room

The Future is Now. What are Regenerative Injections?

By Dr. Renée Melfi, M.D.

The latest technology in Regenerative Injection Therapy (RIT) is offered right here in Central New York! Regenerative injections, including platelet rich plasma and stem cell injections, are a treatment for pain caused by unhealed injuries related to cartilage, joints, ligaments, muscles, and tendons. Dr. Melfi will discuss the indications of Regenerative Injection Therapy for spine and orthopedic joint pain and how this therapy can be used to avoid surgery. She will also teach you how to be an educated consumer and what to look for when choosing your treatment. Dr. Melfi will also introduce the use of Vampire® PRP for aesthetics, hair loss, and sexual rejuvenation. A brief video demonstration will also be shown.



Dr. Renée S. Melfi, M.D. graduated from St. George's University School of Medicine and went on to complete her residency in Physical Medicine and Rehabilitation at the prestigious Baylor College of Medicine. She received further specialized training with Musculoskeletal Medicine and

Interventional Spine fellowships at Louisiana State University. Dr. Melfi was trained by one of the most renowned spinal interventionalists in the world, Dr. Charles Aprill. With more than 20 years of training and experience, she is so respected in her field that she is one of few physicians invited as an instructor for the North American Spine Society and Spine Interventional Society Spinal Injection Courses, where she teaches other physicians how to do injections. Dr. Melfi is board certified in Physical Medicine and Rehabilitation, Pain Medicine, and Integrative Holistic Medicine, and is also certified in Medical Acupuncture.

Friday, November 16th

2:00-5:30 PM

in Natur-Tyme's Enhanced Beauty Salon

10-Minute Private Consultations with Dr. Melfi

Meet one-on-one with Dr. Melfi for a FREE Regenerative Injection Therapy consultation. You may choose to discuss PRP or stem cell injections for spine and joint pain or Vampire® procedures, including Vampire® Facelift, Facial, Breast Lift, Hair Re-Growth, O-Shot, and Priapus Shot. Consultations will consist of 5 minutes to discuss your procedure of choice with Dr. Melfi and 5 minutes with her Office Manager to discuss pricing and scheduling.

Monday, December 3rd

12:00-5:00 PM

Natur-Tyme is Hosting the Bloodmobile!



Blood donations often decline from Thanksgiving to New Year's Day, as people travel and get busy with holiday activities. Come give the gift of life this December at Natur-Tyme and help keep the blood supply stable during the holidays! All you have to do is choose your time to give and join us on the American Red Cross Bloodmobile "bus" on Monday, December 3rd. Donors of all blood types are needed; if you are type O-, O+, A- or B-, ask about Power Red Cell Donation option! For more information on the criteria to donate blood, please visit redcrossblood.org.

All blood donors must pre-register for a time slot between 12:00-5:00 PM. To schedule your donation time, please call 1-800-RED CROSS, visit redcrossblood.org, use the Blood App (Reference Sponsor Code: **nyp-naturtyme**), OR call Natur-Tyme at 315-488-6300. *Donation time is roughly one hour. We will supply you with a healthy juice and cookie option.*